



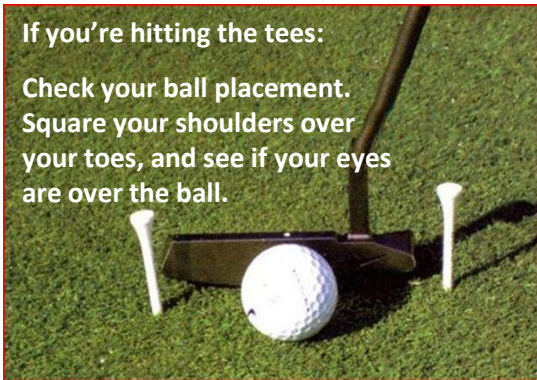
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The biggest thing I see in putting is most golfers do not hit the center of their putter at impact. Hitting the sweet spot lets you control your distance better. So, controlling your distance is going to leave you a better next shot even if you do not read greens very well.

Here are two ways to learn to strike the ball in the middle of your club face:

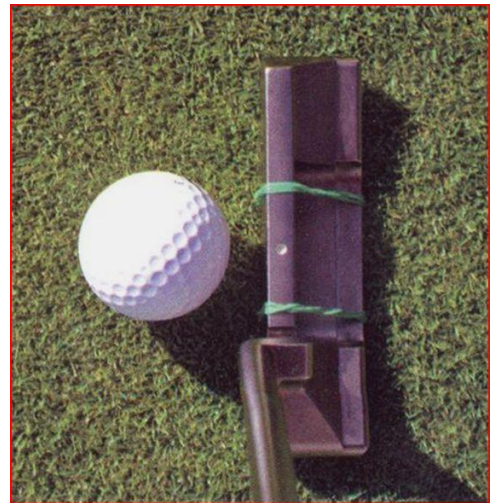
If you're hitting the tees:

Check your ball placement.
Square your shoulders over
your toes, and see if your eyes
are over the ball.



To help ensure that the center of the putter hits the ball, place the putter head on the ground and put a tee at each end of it. Remove the putter from between the tees and pace a ball between them. Then practice hitting the ball with your putter without hitting the tees.

Take two rubber bands and wrap them tightly around the center of the putter head, about an inch apart. Then hit practice putts, make sure to strike the ball within the space between the two rubber bands. Doing so will help you target the sweet spot of the putter, which will likely create the best possible roll of the ball.



To get the feel of how the shoulders should move, or to feel the rocking motion: Put the top of your head on a wall, and put the putter toe on the baseboard of the wall. Your feet should be like setting up to putt – eyes over the ball. Rock your shoulders back and forth, keeping the putter toe on the baseboard. This should give you a true feeling of rocking your shoulders while you putt. (Let your shoulders move the putter – not your hands!)