

Whaler's Cove Assisted Living

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MEET THE STAFF:

Maureen Costa
Executive Director

Elizabeth Cosby
Wellness Director

Jennifer Cores
Registered Nurse

Joann LaPointe
Licensed Practical Nurse

Diane Tavares
Licensed Practical Nurse

Laura Sousa
Marketing Director

Sara Varao
Marketing Associate

Scott Baroa
Food Service Director

Jeannine Pacheco
Activities Director

Susan Pinard
Business Office Manager

Eric Costa
*Maintenance &
Housekeeping Director*

Nichole Paine
Compliance Officer

Holiday Party A Huge Success!

RIGHT: One of the WC residents, Gertrude, celebrates with her some of her family.



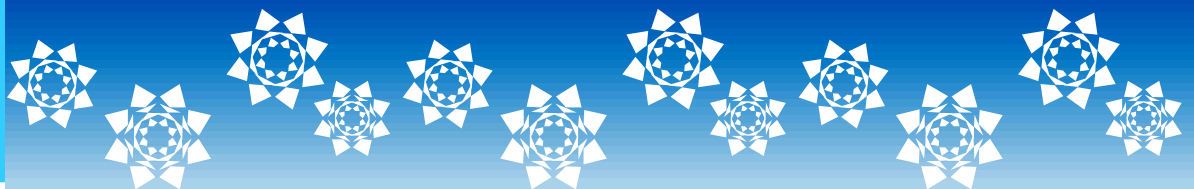
BELOW: The Whaler's Cove Holiday Choir performed for a large audience of family and friends.



ABOVE: WC Residents and family get in line for delicious appetizers in the Main Lobby.



LEFT: One of the WC residents, Anna, poses with her family at the holiday celebration.





Recipe for Banana Cream Pie

Ingredients:

- 1 (9 inch) pie crust, baked
- 3 bananas
- 2 1/2 cups cold milk
- 2 (3.5 ounce) packages instant vanilla pudding mix
- 2 cups frozen whipped topping, thawed
- Slice 2 of the bananas and arrange in bottom of baked and cooled pastry shell.
- Pour cold milk into a medium bowl.
- Add pudding mix and whisk until thoroughly combined.
- Fold in 1/2 cup of the whipped topping. Pour into pastry shell.

- Chill at least 3 hours before serving. Garnish with remaining whipped topping and slices of the remaining banana.

Calories: 308 | Total Fat: 11.7g | Cholesterol: 6mg

(Recipe from www.allrecipes.com)

Directions:

January Resident Activities:

- | | | |
|--|--|--|
| 1/6 Gary Faria Entertains In the Auditorium | 1/13 Ray Smith Entertains In the Auditorium | Entertains In the Auditorium |
| 1/7 Resident Outing to Wal-Mart in Fairhaven | 1/16 Classics for Classics | 1/21 Resident Outing to K-Mart in Fairhaven |
| 1/9 Roger Chartier Entertains for Monthly Birthday Party In the Auditorium | 1/17 Presentation by Personal Touch Homecare | 1/22 Resident Outing to Trucchi's in New Bedford |
| 1/10 Presentation by Premier Homecare Agency | 1/17 Matt McCobe Entertains In the Auditorium | 1/25 The Colonial Experience Presented by Gail In the Auditorium |
| 1/11 Bill Mayers Entertains In the Auditorium | 1/18 Resident Outing to Peking Garden in Dartmouth | 1/30 Classics for Classics in the Auditorium |
| | 1/19 Kevin Mclsaac | |

Staff Pictures in The Standard Times

Several of the Whaler's Cove staff members will be featured in a full-page color advertisement on January 8th, 2012.

The advertisement features Elizabeth, Ashley and Renee from the Wellness Department,

Scott, Ilda and Lucy from the Food Services Department, Jeannine from the Activities Department, Laura from the Marketing Department, Eric from Maintenance Department and Blanca from Housekeeping.

Each staff person spoke about why they have enjoyed working for and with the residents of Whaler's Cove.

Be sure to pick up the Sunday paper. If you miss it, we'll have extra copies in the office!