


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>1</p> <p>11:00 Holy Infant Church-MPR 11:00 TV Church Service - PR 11:30 New Years Day Brunch - DR 2:00 Sunday Cinema - PR 4:00 Bingo - MPR 4:00 Coffee Social - Pub 7:00 Sunday Cinema - PR</p> <p>New Year's Day</p>	<p>2</p> <p>9:30 Exercise With Jay - MPR 2:30 Board Games - 2BW 3:30 Happy Hour - MPR 3:30 '30s, '40s & '50s Music w/Debbie - MPR</p>	<p>3</p> <p>9:00 Walking Club - SP* 9:30 Exercise Video - MPR 10:30 Handicrafts - 2FN 11:00 Worship Service - MPR 11:00 Wii Bowling - AL 2:30 Bingo - MPR 3:30 Trivia - PR 3:30 Handbell Choir - AL</p>	<p>4</p> <p>9:30 Exercise Video - MPR 11:00 Resident Council - MPR 1:00 Bible Study - PR 2:00 Scrabble - 2BW 4:00 Art Club w/Instructor-MPR 7:00 Comedy Movie Night -PR</p>	<p>5</p> <p>9:00 Grocery Shopping* 9:30 Yoga - MPR 11:00 Current Events - LB 1:00 Grocery Shopping* 1:00 Meditation - PR 2:30 Bingo - MPR 3:30 Crafty Club - MPR</p>	<p>6</p> <p>9:30 Exercise With Jay - MPR 10:30 Bridge Club - 2BW 11:00 Wii Bowling - PR 2:00 Scrabble - 2BW 3:30 Wine & Cheese - MPR 4:25 Shabbat Shalom - PR</p>	<p>7</p> <p>9:30 Exercise Video - MPR 10:30 Coffee & Discussion - LB 11:00 Card/Board Games -2BW 1:00 Southern Documentary Screening of 'Stitched' - PR 2:00 Afternoon Tea - Pub 3:00 Bingo - MPR</p>	
<p>8</p> <p>11:00 Holy Infant Church-MPR 11:00 TV Church Service - PR 11:30 Sunday Brunch - DR 2:00 Sunday Cinema - PR 3:00 Church-Faith Assembly Christian Center - MPR 4:00 Bingo - MPR 4:00 Coffee Social - Pub 7:00 Sunday Cinema - PR</p>	<p>9</p> <p>9:30 Exercise With Jay - MPR 11:00 Super Walmart* 12:30 'From Monet to Van Gogh: A History of Impressionism'-PR 2:30 Board Games - 2BW 3:30 Happy Hour - MPR 5:00 Julius Carrasco Jazz Trio - DR</p>	<p>10</p> <p>9:00 Walking Club - SP* 9:30 Exercise Video - MPR 11:00 Oasis Library Stop - 1BW 11:00 Wii Bowling - PR 1:00 Alta Walk Book Club - LB 2:30 Bingo - MPR 3:30 Trivia - PR 3:30 Handbell Choir - AL 5:00 Corey Simms, Pianist-DR</p>	<p>11</p> <p>9:30 Tai Chi - MPR 11:00 Q & A - MPR 1:00 Bible Study - PR 2:00 Scrabble - 2BW 3:00 The Open Circle - Caregiver Support Group - PR 4:00 Art Club w/Instructor-MPR 7:00 Comedy Movie Night -PR</p>	<p>12</p> <p>9:00 Grocery Shopping* 9:30 Yoga - MPR 11:00 Current Events - LB 1:00 Grocery Shopping* 1:00 Meditation - PR 2:30 Bingo - MPR 3:30 Crafty Club - MPR</p>	<p>13</p> <p>9:30 Exercise With Jay - MPR 10:30 Bridge Club - 2BW 11:00 Wii Bowling - PR 11:00 Lunch Out Mama Dip's* 2:00 Scrabble - 2BW 3:30 Wine & Cheese - MPR 4:25 Shabbat Shalom - PR</p>	<p>14</p> <p>9:30 Exercise Video - MPR 10:30 Coffee & Discussion - LB 11:00 Card/Board Games -2BW 2:00 Afternoon Tea - Pub 3:00 Bingo - MPR</p>	
<p>15</p> <p>11:00 Holy Infant Church-MPR 11:00 TV Church Service - PR 11:30 Sunday Brunch - DR 2:00 Sunday Cinema - PR 4:00 Bingo - MPR 4:00 Coffee Social - Pub 7:00 Sunday Cinema - PR</p>	<p>16</p> <p>9:30 Exercise With Jay - MPR 11:00 Target* 12:30 'From Monet to Van Gogh: A History of Impressionism'-PR 2:30 Board Games - 2BW 3:30 Happy Hour - MPR</p> <p>Martin Luther King, Jr. Day</p>	<p>17</p> <p>9:00 Walking Club - SP* 9:30 Exercise Video - MPR 11:00 Episcopal Eucharist -MPR 11:00 Wii Bowling - PR 2:30 Bingo - MPR 3:30 Trivia - PR 3:30 Handbell Choir - AL</p>	<p>18</p> <p>9:30 Tai Chi - MPR 11:00 Basic Computer - LB 1:00 Bible Study - PR 2:00 Scrabble - 2BW 4:00 Art Club w/Instructor-MPR 7:00 Comedy Movie Night -PR</p>	<p>19</p> <p>9:00 Grocery Shopping* 9:30 Yoga - MPR 11:00 Current Events - LB 1:00 Grocery Shopping* 1:00 Meditation - PR 2:30 Bingo - MPR 3:30 Crafty Club - MPR 3:30 New Horizons - PR</p>	<p>20</p> <p>9:30 Exercise With Jay - MPR 10:30 Bridge Club - 2BW 11:00 Wii Bowling - PR 1:00 No Bake and Take - MPR 2:00 Scrabble - 2BW 3:30 Wine & Cheese - MPR 4:25 Shabbat Shalom - PR</p>	<p>21</p> <p>9:30 Exercise Video - MPR 10:30 Coffee & Discussion - LB 11:00 Southpoint Shopping* 11:00 Card/Board Games -2BW 2:00 Afternoon Tea - Pub 3:00 Bingo - MPR</p>	
<p>22</p> <p>11:00 Holy Infant Church-MPR 11:00 TV Church Service - PR 11:30 Sunday Brunch - DR 2:00 Sunday Cinema - PR 4:00 Bingo - MPR 4:00 Coffee Social - Pub 7:00 Sunday Cinema - PR</p>	<p>23</p> <p>9:30 Exercise With Jay - MPR 11:00 Whole Foods* 12:30 'From Monet to Van Gogh: A History of Impressionism'-PR 2:30 Board Games - 2BW 3:30 Happy Hour - MPR 3:30 Music w/Julie Florin-MPR</p> <p>Chinese New Year</p>	<p>24</p> <p>8:00 Men's Breakfast - MPR 9:00 Walking Club - SP* 9:30 Exercise Video - MPR 11:00 Wii Bowling - PR 2:30 Bingo - MPR 3:30 Trivia - PR 3:30 Hanbell Choir - AL 5:00 Corey Simms, Pianist-DR</p>	<p>25</p> <p>9:30 Tai Chi - MPR 11:00 Basic Computer - LB 1:00 Bible Study - PR 2:00 Scrabble - 2BW 2:30 New Resident Social -MPR 4:00 Art Club w/Instructor-MPR 7:00 Comedy Movie Night -PR</p>	<p>26</p> <p>9:00 Grocery Shopping* 9:30 Yoga - MPR 11:00 Current Events - LB 1:00 Grocery Shopping* 1:00 Meditation - PR 2:30 Bingo - MPR 3:30 Crafty Club - MPR</p> <p>Australia Day</p>	<p>27</p> <p>9:30 Exercise With Jay - MPR 10:30 Bridge Club - 2BW 11:00 Wii Bowling - PR 12:30 NC Museum of History* 2:00 Scrabble - 2BW 3:30 Wine & Cheese - MPR 4:25 Shabbat Shalom - PR</p>	<p>28</p> <p>9:30 Exercise Video - MPR 10:30 Coffee & Discussion - LB 11:00 Card/Board Games -2BW 2:00 Afternoon Tea - Pub 3:00 Bingo - MPR</p>	
<p>29</p> <p>11:00 Holy Infant Church-MPR 11:00 TV Church Service - PR 11:30 Sunday Brunch - DR 2:00 Sunday Cinema - PR 4:00 Bingo - MPR 4:00 Coffee Social - Pub 7:00 Sunday Cinema - PR</p>	<p>30</p> <p>9:30 Exercise With Jay - MPR 11:00 Dollar Tree* 1:00 'The American Civil War: Highlight, Causes & Consequences' - PR 2:30 Board Games - 2BW 3:30 Sing-A-Long w/Bob -MPR 3:30 Happy Hour - MPR</p>	<p>31</p> <p>9:00 Walking Club - SP* 9:30 Exercise Video - MPR 10:30 Handicrafts - 2FN 11:00 Wii Bowling - AL 1:00 Monthly B-Day Party -MPR 2:30 Bingo - MPR 3:30 Trivia - PR 3:30 Handbell Choir - AL</p>	<p> Alta Walk <i>January 2012</i></p> <p>Key Presentation Room....PR Multipurpose Room....MPR Dining Room....DR The Pub....Pub 2nd Flr. Nook....2FN 2nd Flr. Breezeway....2BW The Library....LB</p>				

Events marked by * will require you to sign up at the front desk. Calendar is subject to change; please check Ch. 11 for daily updates.