

SUN

MON

TUE

WED

THU

FRI

SAT

May 2010 Social Calendar



May Birthstone: Emerald
May Flower: Lily of The Valley

May is:
Asian Pacific Heritage Month
Jewish American Heritage Month
Mental Health Awareness Month
National Military Appreciation Month
National Moving Month
Older Americans Month

<p>2 9 Coffee, Biscotti & Jigsaw Puzzles 10 Spiritual Hour</p> <hr/> <p>12 Gospel Music DVD 2 Mind Fitness & Snacks 3 Scrabble 4 Card Sharks Club/Uno 7 Comedy Movie Night</p>	<p>3 Hope Station Food Drive Kick Off 9 Breakfast out to McDonald's 10³⁰ Fitness Center Equipment Demo 11 Quarter Bingo</p> <hr/> <p>12 1/2 Price Lunch Bar 2 Presentation on Grief Support 3 Silver Sneakers Walking Club 4 Cocktail Hour 8 "Dancing with the Stars" Party</p>	<p>4 9 Shopping/Errands 10 Fitness with Jack 11 Lunch out for Chinese</p> <hr/> <p>1 Spiritual Hour 2 Trip to Target/Starbucks 3 Scrabble 6 Mind Fitness & Citrus Cooler 7 North Carolina Life Series</p>	<p>5 Happy Cinco de Mayo! 10 Stretching Class 11 Bingo With ComForcare</p> <hr/> <p>12 Decorating for Cinco de Mayo 12⁴⁵ Trip to Wilson Senior Center 1 Salsa Making Demo & Tasting 2 Devotions 3 Silver Sneakers Walking Club 7 Explore the World Armchair Travel</p>	<p>6 10 Trip to Wilson Rose Garden 11 Stretching Class</p> <hr/> <p>12 Shopping/Errands 1 Juice Bar & Chat 2 Arts & Crafts / NC Heritage Display 3 Trip to Art Exhibit/Wilson Arts Council 4 Bible Study Class 7 History Comes Alive</p>	<p>7 Military Spouse Day 9 Trip to Aldi's Grocery Store 10 Shopping Trip to Golden East Mall & Lunch out to Olive Garden</p> <hr/> <p>1 Coffee & Homemade Cookie Social 2 Game of Win, Lose or Draw 3 Silver Sneakers Walking Club 4 Happy Hour 5 Mother's Day Lobster Dinner 7 Friday Night Musical</p>	<p>1 Kentucky Derby Day 9 Coffee, Cookies, & News 11 Mind Fitness Puzzles</p> <hr/> <p>1 Explore the World Armchair Travel 2 Scrabble 4 Kentucky Derby & Lemonade 7 Movie Classic & Popcorn 8 Nightcaps</p>											
<p>9 Happy Mothers Day! 9 Coffee, Danishes & Crosswords 10 Mind Fitness Puzzles</p> <hr/> <p>12 Gospel Music DVD 2 Mothers Day Delectable Dessert Social 4 Scrabble 5 Jigsaw Puzzle Tourny Kick Off 7 Chick Flick & French Vanilla Coffee</p>	<p>10 9 Breakfast out to the Creamery 11 Chair Yoga with Carol</p> <hr/> <p>1 Trip to Roses Store 3 Silver Sneakers Walking Club 4 Cocktail Hour 6 Mind Fitness & Chocolate 8 "Dancing with the Stars" Party</p>	<p>11 9 Shopping/Errands 10 Fitness with Jack 10³⁰ Tea & Relaxation 11 Ladies Lunch out to Ruby Tuesday</p> <hr/> <p>2 Quilting Presentation 3 Scrabble 7 TV Comedy in the Lounge</p>	<p>12 International Nurses Day 10 Blood Pressure Clinic with Interim 10³⁰ Wellness Program & Snack 11 Bingo with ComForcare</p> <hr/> <p>12⁴⁵ Trip to Wilson Senior Center 2 Devotions 3 Silver Sneakers Walking Club 6 Mind Fitness & After Dinner Mints 8 Night Owl Fruit Punch Social</p>	<p>13 10 Mystery Tour in Wilson 11 Chair Stretching with Whitney</p> <hr/> <p>12 Shopping/Errands 1 May Birthday Celebration 3 Butterfly Container Garden 4 Arts & Crafts Workshop 7 Mind Fitness & Snacks</p>	<p>14 9 Shopping Trip to Big Lots 11 Lunch out to Torrero's Restaurant 11⁴⁵ Music Jam at Wilson Senior Center</p> <hr/> <p>1 Explore the World Armchair Travel Series 2 Card Sharks Club 3 Silver Sneakers Walking Club 4 Happy Hour 7 Movie Theater in the Lounge</p>	<p>15 Armed Forces Day 9 Coffee, Streusel & News 11 Prize Bingo</p> <hr/> <p>1 Mind Fitness Puzzles 2 North Carolina Life Series 3 Mint Lemonade on the Porch 7 Movie & Popcorn 8 Nightcaps</p>											
<p>16 9 Coffee, Banana Nut Bread & News 10 Spiritual Hour</p> <hr/> <p>12 Gospel Music DVD 1 Movie Matinee 3 Scrabble 5 Jigsaw Puzzles 6 Putting on the Green 8 Nightcaps</p>	<p>17 9 Breakfast out to Hardee's 11 Quarter Bingo</p> <hr/> <p>1 Putting on the Green Tournament with Kenny 2 Spiritual Hour 3 Silver Sneakers Walking Club 4 Cocktail Hour 8 "Dancing with the Stars" Party</p>	<p>18 9 Shopping/Errands 10 Fitness with Jack 11 Men's Lunch out to Chili's</p> <hr/> <p>2 Wellness Program: The Power of Color 3 Around the World/Places Visited 7 Wellness Program Video 8 Nightcaps</p>	<p>19 10 Relaxation Class 11 Bingo with ComForcare</p> <hr/> <p>12 BerryDelicious Smoothie Making Demo 12⁴⁵ Trip to Wilson Senior Center 2 Devotions 3 Silver Sneakers Walking Club 7 Best of Comedy</p>	<p>20 9 Mind Fitness Puzzles & Coffee 10 Feed the Ducks at Toisnot Park</p> <hr/> <p>12 Shopping/Errands 1 Ice Cream Making Demo 3 Silver Sneakers Walking Club 7 North Carolina Life Series 8 Night Owl Cup of Ovaltine</p>	<p>21 8³⁰ Trip to Senior Awareness Day 10 Tour of Raleigh & Lunch with the E.D.</p> <hr/> <p>1 Movie Matinee 2 Card Sharks Club 3 Silver Sneakers Walking Club 4 Happy Hour 7 Movie Theater in the Lounge</p>	<p>22 11 Trip to Farmers Market in Wilson</p> <hr/> <p>12 \$1.00 Off Lunch Bar 1 Mind Fitness & Coffee Break 2 Movie Matinee & Snack 3 Card Sharks Club/Uno 7 North Carolina Life Series 8 Night Owl Lemonade Social</p>											
<p>23 9 Coffee, Muffins & Crosswords 11 Reminisce Game</p> <hr/> <p>12 Gospel Music DVD 2 Movie Matinee 3 Scrabble 4 Jigsaw Puzzles 6 Mango Tango Tea & Cookie Social</p>	<p>24 9 Breakfast out to Denny's 10 Chair Fitness Video 11 Quarter Bingo</p> <hr/> <p>1 Poet's Corner & Tea Time 3 Silver Sneakers Walking Club 4 Cocktail Hour 7 Explore the World Armchair Travel Series</p>	<p>25 9 Shopping/Errands 10 Fitness with Jack 11 Trip to Wilson Library</p> <hr/> <p>1 Cooking Demonstration with Valeria 3 Trip to Studio One Art Gallery 4 Scrabble 6 Wilbanks Christian Church Choir</p>	<p>26 10 Blood Pressure Clinic with Interim 11 Bingo with ComForcare</p> <hr/> <p>12 Juice Bar Social 2 Devotions 3 Resident Council 4 Silver Sneakers Walking Club 6³⁰ Family Night Bingo Bonanza</p>	<p>27 9³⁰ Strawberry Picking at Dean's Farm Market 11 Mind Fitness & Coffee Break</p> <hr/> <p>12 Shopping/Errands 1 Homemade Strawberry Jam Making 2 Card Sharks Club/Uno 3 Silver Sneakers Walking Club 7 Card Crafts</p>	<p>28 9 Day Trip to Beaufort 10 Bingo With Hope</p> <hr/> <p>2 Movie Matinee & Popcorn 3 Scrabble 4 Happy Hour/Trivia Quiz 6 Mind Fitness 7 Friday Night Movie Classic</p>	<p>29 10 Mind Fitness & Mocha Latte Coffee Break 11 Prize Bingo</p> <hr/> <p>1 Juice Bar 2 Old Wilson Porch Tour & Art Stroll 1 Scrabble 2 Spiritual Hour 7 Explore the World Travel Series</p>											
<p>30 Indianapolis 500 Day 9 Coffee, Cereal Bars & Word Puzzles 11 Mind Fitness</p> <hr/> <p>12 Gospel Music DVD 1 Indianapolis 500 Party 2 Banana Split Social 5 Garden Series / Perennials in the Landscape 6 Jigsaw Puzzles 7 Scrabble</p>	<p>31 Memorial Day 10 Cinnamon French Toast Stick Brunch 11 Courtyard Memorial Day Service 12 Memorial Day Trip to Cook-Out</p> <hr/> <p>2 Trip to Belk/Marshalls 3 History Comes Alive 3 Silver Sneakers Walking Club 4 Cocktail Hour 7 Patriotic Movie Night</p>	<p>Wii remotes & games available for residents and guests daily from 9 a.m. - 7 p.m. from the front desk.</p> <p><u>Games include:</u></p> <table> <tbody> <tr> <td>Bowling</td> <td>Figure Skating</td> </tr> <tr> <td>Beach Volleyball</td> <td>Archery</td> </tr> <tr> <td>Kart Racing</td> <td>Badminton</td> </tr> <tr> <td>Soccer</td> <td>Trivia</td> </tr> <tr> <td>Curling</td> <td>Disney Trivia</td> </tr> <tr> <td>Snowboarding</td> <td>Log Rolling</td> </tr> </tbody> </table>		Bowling	Figure Skating	Beach Volleyball	Archery	Kart Racing	Badminton	Soccer	Trivia	Curling	Disney Trivia	Snowboarding	Log Rolling	<p>"Coffee 'n Chat" Daily at 8 a.m.</p> <p><u>Transportation to Medical Appointments*</u> Mondays & Wednesdays; 9 a.m. - 3 p.m.</p> <p>*Transportation is provided a first-come, first-serve basis and must be scheduled 24 hours in advance at the front desk.</p>	<p>Numbers listed above the lines are a.m. times; numbers listed below the lines are p.m. times.</p> <p>All activities are subject to change. Out of town activities require a minimum participation of at least three residents.</p>
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