

Whaler's Cove Assisted Living &  
Personal Touch Home Health Services  
have teamed up to provide educational opportunities  
to the residents of Whaler's Cove!

Every month, residents can attend these free presentations  
by Personal Touch Staff in our Auditorium. Not only is  
helpful information shared, such as "How to Fight the  
Common Cold" and "Fall-Prevention Techniques",  
but healthy refreshments are served too!

Check the Activities Calendar today to find out what  
topics Personal Touch will be speaking about next!

Hope to see you there!



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