



FOR IMMEDIATE RELEASE

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Contact: Holly Rood, Vestcor Companies

(904) 288-7731

**THE VESTCOR COMPANIES TO HOST
5K BRIDGES RUN TO BENEFIT LOCAL CHARITIES**

JACKSONVILLE, FL – The Vestcor Companies will host its 19th annual Vestcor 5K Run in downtown Jacksonville on Saturday, August 9th at 7:30 p.m. at the Jacksonville Landing. Participants will start and finish at The Landing, pass by The Carling and 11 East Forsyth and continue over the Main Street Bridge and Acosta Bridge before crossing the finish line. After the race, runners can enjoy dinner, drinks, live music, and giveaways!

Net proceeds from this year's event will benefit local nonprofits. Using the proceeds from the 2013 race, the Vestcor Family Foundation has been able to donate to Shands Hospital, Wolfson's Children's Hospital, St. Jude's Hospital, Take Stock in Children, Tiger Academy, Museum of Contemporary Art, Cystic Fibrosis Foundation, Epilepsy Foundation and many other worthwhile local charities.

"I'm very excited for our 19th annual Vestcor charity race this year," said Vestcor chairman, John Rood. "This is an exciting event not only for downtown Jacksonville, Vestcor, and most importantly the children in our communities who receive book bags, school supplies and tutoring from funds raised at the race. This is our 11th year hosting the event downtown and we are excited for a new location this year at the Jacksonville Landing. Last year, we had a record number of runners and we hope to increase those numbers this year so we can give more back to the community."

To make a donation or to sponsor the race, please contact Holly Rood at (904) 288-7731 or via email at hrood@vestcor.com.

For race information, please contact First Place Sports at (904) 731-1900 or visit www.1stplacesports.com.

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