



**FOR IMMEDIATE RELEASE**

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**THE VESTCOR COMPANIES TO HOST  
5K BRIDGES RUN TO BENEFIT LOCAL CHARITIES**

JACKSONVILLE, FL – The Vestcor Companies will host its 18<sup>th</sup> annual Vestcor Charity Run in downtown Jacksonville on Saturday, July 20<sup>th</sup> at 7:30 p.m. in Hemming Plaza. Participants will start and finish at Hemming Plaza, pass by The Carling and 11 East Forsyth and head over the Main Street Bridge and Acosta Bridge before crossing the finish line at Hemming Plaza.

After the race, runners can enjoy dinner, drinks, live music, giveaways and much more!

Net proceeds from this year's event will benefit local nonprofits. Charities receiving funds in previous years included Shands Jacksonville, Tiger Academy, North Florida School and many other worthwhile local organizations.

"I'm very excited that we will again be hosting the Vestcor 5K Bridges Run," said Vestcor chairman, John Rood. "Vestcor has hosted this race for 18 years, 10 of which have been in downtown Jacksonville. With 1,000 runners and 1,000 spectators, this has become a significant event for downtown Jacksonville. While the run is certainly exciting, the best part of the race is the proceeds raised for charities."

To make a donation or to sponsor the race, please contact Holly Rood at (904) 288-7731 or via email at [hrood@vestcor.com](mailto:hrood@vestcor.com).

For race information, please contact First Place Sports at (904) 731-1900 or visit [www.1stplacesports.com](http://www.1stplacesports.com).

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