

Stephanie Oberstein  
 Yelena Berner  
 Mandy Dean  
 Tina Burman  
 Levy St. Cloud  
 Robbie St. Cloud  
 John O'Reagan  
 Cynthia Mattox  
 Janet Sutton

Manager  
 Assistant Manager  
 Leasing Agent  
 Leasing Agent  
 Maintenance Supervisor  
 Maintenance Technician  
 Punch Technician  
 Housekeeper  
 Courtesy Officer

**CALIBRE**   
*Woods*

  
 2075 LaVista Road • Atlanta, GA 30329 • (404) 634-4259

**Office Hours**  
 Mon - Fri 9:00 am - 6:00 pm  
 Saturday 10:00 am - 5:00 pm  
 Sunday 1:00 pm - 5:00 pm

**Resident Referrals!**



We love when our residents refer someone to our community! This shows how much you really enjoy living here. Let us show you how much we love having you here too! Calibre Woods is currently paying up to \$350.00 for all one and two bedroom referrals. To collect all that money, both the current resident and their referral must be living here and on a current lease and establish 30 days of paid occupancy. After the new resident has been here for thirty days, we just cut you a check for up to \$350.00!!! It's so easy! Just spread the word about Calibre Woods!

**True Origins of the Valentine's Day Card**

It is a common tradition to give out cards to people you know and love for just about every single holiday. Whether it's Christmas, Easter, birthdays, or even Halloween, we love to give cards to friends and family as a token of our love and appreciation. Of course, one of the most popular holidays for giving cards is Valentine's Day. The first recorded valentine was written by Charles Duke of Orleans in the year 1415. He was imprisoned in the Tower of London and wrote beautiful poems for his wife who was in France.

In the 1700s, the idea of Valentine's Day cards started to become much more commonplace, and it spread to America. They first began as booklets known as "writers" which were books of romantic verse from England. People could then reprint these verses and images onto small pieces of paper and give them to their lover as an expression of their feelings. A type of card known as "windows" were common during wartime. These cards had small paper windows, which opened up to reveal a picture of a bride and groom, turtledoves, hearts, flowers, and other beautiful symbolic items.

In America in the 1840s, cards on tintype were popular and included an image or saying surrounded by some kind of decorative wreath. When the postal service became a standard, cards were then mailed to people through the "penny post" and this really helped advance the popularity of Valentine's Day cards. It was especially important during the Civil War when soldiers would send Valentine's cards to their wives from afar. The tradition of Valentine's Day cards lives on, but the origins go back to a time when life was much different.

**How to Snack Smart in 2012**

Snacks - they can either be your worst dieting enemy or your new weight-loss best friend. This year, make it your resolution to learn how to snack smarter. To help, here are some tips to develop a healthier relationship with snacking.

**Portion control**

Don't even give yourself the opportunity to overeat and instead think portion control. Replace full size snack bags with 100-calorie snack packs. They are the perfect way to know you're only eating 100 calories and resist the urge to eat more.

**Smart snacks**

Making smart snack choices doesn't mean you have to give up flavor or your favorite foods. There are a number of products that are low in fat, and can help satisfy your cravings. Here are some ideas to get you started:

1. Raisins - One ounce equals 85 calories.
2. Graham crackers - Eight small rectangles is equal to 100 calories.
3. Celery with peanut butter - Five pieces of celery with 1 tablespoon peanut butter is equal to 100 calories.
4. Dried fruits and nuts - A small amount of dried fruits with a small amount of nuts is a snack kids love to eat.
5. Pretzels - One ounce equals 100 calories. You can even include cheese with your pretzels for something different with added protein.
6. Air-popped popcorn - Three cups or 1 ounce equals 95 calories. Popcorn is also gluten-free.

**Read up**

When you're in the store, read the label and look for low fat, whole grain or organic options when possible.

**Set small goals**

Setting small goals, like snacking on vegetables for a week, can develop into long term eating habits.

Healthy snacking is all about making the right choices. This coming year, it's up to you to make the right decisions, hopefully these tips will help motivate you to a more wholesome and healthier 2012.

**Top Online Searches Show Political and Social Attitude of 2011**

Notorious trials, political scandals and social uprisings drew people online, but the death of Osama bin Laden and the dominance of the iPhone - fueled by the passing of Apple founder Steve Jobs - topped online searches and news in 2011.



The Internet giant Yahoo! announced its "Top 10 News" topics, based on searches and top stories.

"This year the iPhone became available through other providers," says Vera Chan, senior editor and a Web trend analyst at Yahoo!. Even though pundits were disappointed it wasn't a major upgrade, the iPhone 4s helped Apple become, for a brief moment, the most valuable company in the world.

Other 2011 developments, identified in the Yahoo! Year in Review:

- \* Casey Anthony, most searched person. "The Casey Anthony trial touched off a lot of classic controversies, and people drew parallels to the 1995 O.J. Simpson murder trial," Chan says.
- \* Osama bin Laden. A Navy SEAL took down Osama bin Laden four months shy of the Sept. 11 anniversary. Searches surged about the circumstances, others wanted proof of death through video and images.

\* Political sex scandals. The No. 1 slot went to Hollywood star and California governor Arnold Schwarzenegger's revelations about a 13-year-old son born out of wedlock, ending his 25-year marriage to Maria Shriver. Other scandals had a more updated spin, such as "sexting" pictures that former New York congressman Anthony Weiner accidentally tweeted to his followers.



# Around Atlanta

**Now through February 5 – “God of Carnage”**

– Alliance Theatre, (Tuesdays-Fridays, 8:00 p.m.; Saturdays, 2:30 & 8:00 p.m.; Sundays, 2:30 & 7:00 p.m.), \$30.00-\$50.00, 404-733-5000.

**Now through February 5 – “Memphis”** – The

Fox Theatre, (Tuesday-Friday, 8:00 p.m.; Saturday, 2:00 & 8:00 p.m.; Sunday, 1:00 & 6:30 p.m.), \$25.00-\$85.00, T.

**Now through February 11 - “Next Fall”** - Ac-

tor’s Express Theatre, (Wednesdays-Saturdays, 8:00 p.m.; Sundays, 2:00 p.m.), \$15.00-\$32.00, 404-607-7469.

**Now through February 12 - “My Way, A**

**Musical Tribute to Frank Sinatra”** - Stage Door Players, (Thursdays-Saturdays, 8:00 p.m.; Sundays, 2:30 p.m.), \$13.00-\$26.00, 770-396-1726.

**Now through February 12 - “The Red Bal-**

**loon”** - Theatre du Reve, (Fridays-Saturdays, 8:00 p.m.; Sundays, 3:00 p.m.), \$35.00, 404-875-3829.

**Now through February 19 – “Jane Eyre”** –

The Legacy Theatre, (Fridays, 8:00 p.m.; Saturdays, 3:00 & 8:00 p.m.; Sundays, 3:00 p.m.), \$25.00, 404-895-1473.

**Now through February 22 – “A Body of Water”**

– Aurora Theatre, (Thursdays-Fridays, 8:00 p.m.; Saturday, 2:30 & 8:00 p.m.; Sundays, 2:30 p.m.), \$16.00-\$32.00, 678-226-6222.

**Now through February 26 – “The Lady’s**

**Man”** – Theatre in the Square, (Tuesdays-Saturdays, 8:00 p.m.; Sundays, 2:30 & 7:00 p.m.), \$12.00-\$33.00, 770-422-8369.

**Now through March 11 – “Avenue Q”** - Horizon

Theatre Company, (Wednesdays-Fridays, 8:00 p.m.; Saturdays, 2:00 & 8:30 p.m.; Sundays, 5:00 p.m.), \$32.40-\$42.30, 404-584-7450.

**Now through March 11 – “Space!”** - Center

for Puppetry Arts, (Saturdays, 2:00 p.m.; Sundays, 3:00 p.m.), \$16.50, 404-873-3391.

**February 1-26 - “Red”** - Theatrical Outfit,

(Wednesdays-Saturdays, 7:30 p.m.; Sundays, 2:30 p.m.), \$16.20-\$37.80, 678-528-1500.

**February 2-12 - “Fat Boy”** - 7 Stages Theatre,

(Thursdays-Saturdays, 8:00 p.m.; Sundays, 5:00 p.m.), \$20.00-\$25.00, 404-523-7647.

**February 2-26 - “The Dixie Swim Club”** -

Gypsy Theatre Company, (Thursdays-Saturdays, 8:00 p.m.; Sundays, 3:00 p.m.), \$17.50-\$22.50, 770-781-9178.

**February 2-26 – “Romeo and Juliet”** - New

American Shakespeare Tavern, (Thursdays-Saturdays, 7:30 p.m.; Sundays, 6:30 p.m.), \$12.96-\$38.88, 404-874-5299.

**February 3-26 – “The Fairytale Lives of Rus-**

**sian Girls”** - Alliance Theatre, (Tuesdays-Fridays, 8:00 p.m.; Saturdays, 2:30 & 8:00 p.m.; Sundays, 2:30 & 7:00 p.m.), \$30.00-\$50.00, 404-733-5000.

**February 8-March 4 – “Red Letter Jesus”** -



*Nick Arapoglou and Mary Nye Bennett in Horizon Theatre’s encore presentation of “Avenue Q” through March 11, 2012. Tickets for this adult show are available by phone at 404-584-7450.*

Theatre in the Square, (Tuesdays, 8:00 p.m.; Wednesdays, 2:30 & 8:00 p.m.; Thursdays-Saturdays, 8:00 p.m.; Sundays, 2:30 p.m.), \$12.00-\$24.00, 770-422-8369.

**February 9 – Celtic Women** – The Fox Theatre, 7:30 p.m., \$37.00-\$72.00, T.

**February 9-19 – “Name That Show”** - ART Station, (Thursdays-Saturdays, 8:00 p.m.; Sundays, 3:00 p.m.), \$18.00-\$27.00, 770-469-1105.

**February 10 - George Strait with Martina**

**McBride** – The Arena at Gwinnett Center, 7:30 p.m., \$80.00-\$100.00, T.



*Felicia Boswell (Felicia) in the National Tour of “Memphis,” January 31-February 5 at The Fox Theatre. Tickets at Ticketmaster.com. Photo by Paul Kolnik.*

**February 10 – Kenny “Babyface” Edmonds** – Atlanta Civic Center, 8:00 p.m., \$60.00-\$80.00, T.

**February 10-19 - Atlanta Ballet presents “The Twyla Tharp Project”** - Cobb Energy Performing Arts Center, (Fridays, 8:00 p.m.; Saturdays, 2:00 & 8:00 p.m.; Sundays, 2:00 p.m.), \$20.00-\$135.00, 770-916-2800.

**February 11 – Mike Epps: I’m Still Standing Tour** – Atlanta Civic Center, 7:00 p.m., \$47.50-\$74.50, T.

**February 12 - Willie Nelson & Family w/ Sonia Leigh** – The Tabernacle, 7:30 p.m., \$47.50-\$57.50, T.

**February 16-19 – Alvin Ailey American Dance Theatre** – The Fox Theatre, (Thursday, 7:30 p.m.; Friday, 8:00 p.m.; Saturday, 2:00 & 8:00 p.m.; Sunday, 3:00 p.m.), \$25.00-\$65.00, T.

**February 16-March 4 – “Neighborhood 3: Requisition of Doom”** - Aurora Theatre, (Thursdays-Saturdays, 8:00 p.m.; Sundays, 3:00 p.m.), \$15.00, 678-226-6222.

**February 17-March 4 – “Ain’t Misbehavin”** – Atlanta Lyric Theatre, (Thursdays-Saturdays, 8:00 p.m.; Sundays, 2:00 p.m.), \$38.55, 404-377-9948.

**February 18 – Bernadette Peters** – Atlanta Symphony Hall, 8:00 p.m., \$39.30-\$63.30, T.

**February 18 – Delbert McClinton** – Variety Playhouse, 8:00 p.m., \$27.50, T.

**February 23 – Kelly Clarkson** – The Fox Theatre, 7:30 p.m., \$40.00-\$75.00, T.

**February 23-March 11 – “The Foreigner”** - Georgia Ensemble Theatre, (Wednesdays, 7:30 p.m.; Thursdays-Fridays, 8:00 p.m.; Saturdays, 4:00 & 8:00 p.m.; Sundays, 2:30 p.m.), \$20.00-\$36.00, 770-641-1260.

T = Ticketmaster, 800-745-3000.

# Love Is In The Air

CANDLELIGHT	FEBRUARY	LOVERS
CANDY	FLOWERS	PASSION
CARDS	FRIENDSHIP	PROPOSAL
CHAMPAGNE	GOLD	RELATIONSHIP
CHOCOLATE	HEARTS	RING
COUPLES	HOLIDAY	ROMANCE
CUPID	JEWELRY	ROSES
DIAMONDS	KISSES	SWEETHEART
DINNER	LACE	VALENTINE
ENGAGEMENT	LINGERIE	WINE



A new Sherlock Homes adventure is coming your way. And, it is an adventure more than a mystery with the way in which director Guy Ritchie likes to tell the tales. Robert Downey, Jr. and Jude Law are back as the title character and his faithful companion. They project a collegial affection for each other that makes it easier to accept that Watson will go along with most of the outlandish suggestions that Holmes makes. And, they have all sorts of wonderful devices appropriate to the time period...



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## Winter Gingerbread Cake



- Ingredients**
- 2 1/3 cups all-purpose flour
  - 1 1/2 teaspoons ground ginger
  - 1 teaspoon cinnamon
  - 3/4 teaspoon baking soda
  - 1/2 teaspoon salt
  - 1/2 cup butter, melted
  - 1/3 cup brown sugar
  - 1 cup molasses
  - 1 egg
  - 3/4 cup hot water
  - Whipped cream (optional)

### Instructions

Heat the oven to 325 degrees and grease and flour a 9-inch square baking pan.

In a large mixing bowl, combine the flour, ginger, cinnamon, baking soda, and salt. In a separate bowl, stir together the butter, brown sugar, molasses, egg, and water. Add this mixture to the dry ingredients and beat with an electric mixer on medium speed for about a minute, scraping the sides of the bowl with a rubber spatula.

Pour the batter into the pan and bake it for about 40 minutes, until a toothpick inserted in the center comes out clean. Serve with whipped cream, if desired. Makes 9 servings.



## Did You Know?

The term skyscraper was first used way back in 1888 to describe an 11 story building.

Thirty-five percent of the people who use personal ads for dating are already married.

When Heinz ketchup leaves the bottle, it travels at a rate of 25 miles per year.

Elephants can't jump. Every other mammal can.

Five Jell-O flavors that flopped: celery, coffee, cola, apple, and chocolate.

## Resident Directory

SCAN THE QR CODE TO VIEW MORE NUMBERS AND LINKS



### CABLE TV

Adelphia	770-382-4444
ATM	770-612-3286
Comcast (Metro Atlanta)	404-COMCAST
Charter Communications	800-955-7766
TV Max	866-846-3488

### UTILITIES

Cobb E.M.C.	770-429-2100
Georgia Power Co.	888-660-5890
Greystone Power Co.	770-942-6576
Marietta Power	770-794-5150
AT&T	888-757-6500
Sawnee E.M.C.	770-887-2363
SCANA Energy	877-GO-SCANA

### PUBLIC TRANSPORTATION

Cobb Community Transit	770-427-4444
MARTA	404-848-4711

Don't have a smart phone? Visit [www.roxlink.com/connect/directory](http://www.roxlink.com/connect/directory) for more information.

SUN	MON	TUE	WED	THU	FRI	SAT
			<b>RENT DUE</b> Tennis lessons at 8:00 p.m. Happy Birthday Pam H.	<b>Groundhog Day</b> Pest Control arrives today! Contact the leasing office to request treatment.	Drop Box closes at 6:00 p.m. <b>Rent is late.</b> Happy Birthday Bailey G. and Katie K.	Boot camp meets at noon (meet at the tennis courts). Happy Birthday Alice T.
Zumba in the clubhouse at 2:00 p.m. FREE for all residents! Happy Birthday Melissa G. and Rachel C.	Yoga in the clubhouse at the 8:00 p.m. Happy Birthday Saira K.	Happy Birthday Alejandra M.	Tennis lessons at 8:00 p.m.	Pest Control arrives today! Contact the leasing office to request treatment. Happy Birthday Mike B., Matthew Y.	Happy Birthday Mujgan P., Annie H., Ashley G., Brandy W.	Boot camp meets at noon (meet at the tennis courts). Happy Birthday Inbal G., Brian H.
Zumba in the clubhouse at 2:00 p.m. FREE for all residents! Happy Birthday Amit C., Samuel S., Joel E.	Yoga in the clubhouse at the 8:00 p.m. Happy Birthday Roslyn M.	<b>Valentine's Day</b> Happy Birthday Soofi W.	Tennis lessons at 8:00 p.m. Happy Birthday Jiyoung M., Jennifer H., Temitayo I.	Pest Control arrives today! Contact the leasing office to request treatment. Happy Birthday Nancy S.		Boot camp meets at noon (meet at the tennis courts). Happy Birthday Laurie A., and John M.
Zumba in the clubhouse at 2:00 p.m. FREE for all residents! Happy Birthday Brad J. and Adina S.	<b>President's Day</b> Yoga in the clubhouse at the 8:00 p.m. Happy Birthday Anthony G.		Tennis lessons at 8:00 p.m. Happy Birthday Jill B.	Pest Control arrives today! Contact the leasing office to request treatment.	Happy Birthday Dana B.	Boot camp meets at noon (meet at the tennis courts). Happy Birthday Adam R.
Zumba in the clubhouse at 2:00 p.m. FREE for all residents!	Yoga in the clubhouse at the 8:00 p.m. Happy Birthday Samantha K.		<b>Leap Day</b> Tennis lessons at 8:00 p.m. Happy Birthday Bob P.			

## College Degree Required for Sixty Percent of U.S. Jobs by 2018

A college degree will be required for 60% of U.S. jobs by 2018\*.

Four Factors To Consider When Contemplating An Online Degree:

As a new year begins, we often evaluate our lives—where we are and where we'd like to be. It's no surprise that many Americans are making education a priority as they set their personal goals for 2012.

"The unemployment rate for people who have never gone to college is more than double what it is for those who have gone to college," says Dr. Mary Hawkins, president of Bellevue University. "During the next 10 years, nearly eight in 10 new jobs will require workforce training or a higher education."

If you're considering going back to school, chances are you've wondered about online learning. Here are four factors you should consider if you're contemplating getting your degree online:

1. Make sure the institution you attend is regionally accredited. This designation is an indicator that the institution voluntarily reports on the quality of its programs and submits to assessment to ensure quality offerings.
2. Determine whether or not you must be online at a particular time each week; or if you can enter the virtual classroom when it is most convenient for you.
3. Ask if the entire degree program is offered online or if it is just one component of the larger program. Some universities require both online and in-class participation within the same program.

Lastly, please know that when you reach your goal, your degree will not indicate whether you studied online or in class. What's most important is determining if earning your degree can get you where you want to go and if online learning is the best way to fit getting a degree into your already busy life.

